

OUR SERVICES

- Commercial moving
- Residential moving
- Secured warehouse available for rent
- Storage units available for rent
- Full service moving
- Packing professionals
- Our team provides packing material available priced per box

"Great moving company! Very friendly movers, always asks to make sure everything that needs to go, go's. A pleasure to deal with. Nothing got damaged and they were quick with the work, working very diligently. I would recommend them to anyone moving." Eric S. - Zanesville, OH



The Expert Moving & Storage Company of Ohio



ABOUT US

When you're choosing a moving company, it is important to choose a company that you know you can trust.

Three Star Moving and Storage is the answer to your moving needs. We understand the stress level that comes with any move whether it is moving your home or office. That's why we do everything we can to take the hassle out of the process for you.

Our team provides packing material available priced per box to help you out if you underestimated the amount of boxes you need.

At Three Stars Moving & Storage, we have a secured warehouse and storage units available for rent if you are unable to move all of your items in a move. Our warehouse is sectioned off and only accessible during business hours to keep your valuables safe and secure. Our warehouse space is great for storing household items and old files from your business.

Any local moving companies can get your things from one place to the next, but few can match the level of service we offer along every step of the moving process.

WHY CHOOSE US?

- · No need to lift heavy objects
- Avoid renting expensive equipment
- We can pack it for you!
- Professional handling of your belongings
- Saving money
- Locally Owned

Contact us today for your free estimate!

740-454-6291





Local lawn health care professionals....."We went green more than 30 years ago"

OUR SERVICES

- Fertilization
- Weed Control
- Grub & Insect
- Flea & Tick
- Lime / PH Correction
- Overseeding
- New Lawns

ABOUT US

We are a local, family owned business. We were established in 1987 as the Stackhouse Landscaping Company. Over the last 30 years we have evolved into a "lawn care only" company now known as:

LawnHealthPros

- Pete Stackhouse president

PRICING

Prices Starting At

\$39.00

Per Visit For Lawns Under 2000 s.f.

Get A Free Quote Today!

740-607-9467





Select Network Provider

Quality Care Partners (QCP) provides an extensive network of carefully selected physicians, hospitals, and other healthcare providers. These medical professionals have contracted with us to provide cost-effective, quality healthcare.



Since 1995, Quality Care Partners has dedicated itself to building better health and reducing the overall spend for all. We promise you will find the QCP Network to be a comprehensive option with extensive discounts and benefits including:



EXTENSIVE PROVIDER
NETWORK



FRIENDLY, KNOWLEDGEABLE CUSTOMER SERVICE



EASY ONLINE ACCESS



NO BALANCE BILLING



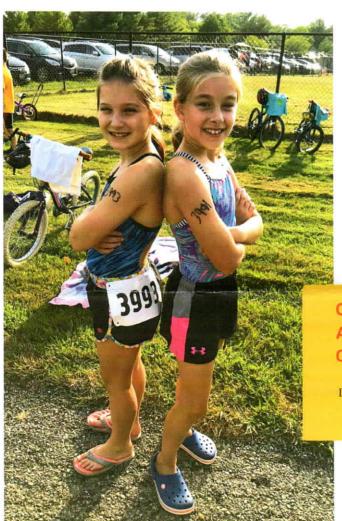
Access to a Quality Provider Network

With our network option, you are connected to customized solutions that best fit diverse plan sizes and needs. This network of specially selected, credentialed physicians, hospitals, and healthcare providers deliver cost-effective quality healthcare.

Quality Care Partners (QCP) network is a comprehensive, customizable solution delivering significant discounts.

Our direct-to-provider relationships allow us to build a value-driven network to meet the diverse needs of employers and their employees – building better health for all members served.





Our pediatrics office is open and accepting new patients.

SonRise Pediatrics & Wellness is a pediatric healthcare practice specializing in general pediatrics with a specific focus on wellness and preventative healthcare strategies.

Connect With Us Anywhere, Anytime With Our New Mobile App!



Download the "Your Practice" app on your smartphone and search for "Sonrise". Choose "SonRise Pediatrics", our app content will then download to your smartphone.

At our office, we believe that raising a child is a rewarding and challenging experience for a parent. We hope to help you enjoy the journey of raising a child and provide excellent care and support along the way.

Helping families learn preventative strategies and making good healthy choices at home is one of our primary goals.





Dr. Andrea Collet has been practicing pediatrics in Zanesville and the Muskingum County area since 2003. As a small, independent practice, Dr. Collet enjoys getting to know her patients and providing a more individualized level of care.

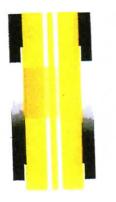


Scan to learn more!

305 Sunrise Center Dr., Zanesville | 740-562-6868 info@sonrisepediatrics.com | SonRisePediatrics.com











Prepared. For Life."

Muskingum Valley Council, BSA

Muskingum Valley Council
MVCbsa.org

Muskingum Valley Council BSA

THE CUB SCOUT 500

Sunday March 26

Colony Square Mall 3575 Maple Avenue Zanesville, Ohio Cub Scout 500 Registration Noon-1:30pm OPEN Race Registration Noon-3:30pm

The Cub Scout 500 is Open to all Registered Cub Scouts

out-of-council Cub Scouts welcome

Uniform Shirts Recommended Class B Accepted

FREE if Registered by March 17 - \$10 after

Registration Appreciated — Walk-ins Accepted Blind Draw * Double Elimination * Turtle Race See Race Rules for Complete Details

NOT A CUB SCOUT BUT STILL WANT TO RACE? THE OPEN RACE IS FOR YOU!

The OPEN is for all youth and adults who want to race. Cost is \$10. Participants will assemble and decorate their own derby car on-site or pre-purchase at the Council office. WALK-INS WELCOME







Turtle Race





Register at MVCbsa.org





THE CUB SCOUT 500

Colony Square Mall, 3575 Maple Avenue, Zanesville, Ohio

Sunday, March 26

Corporate & Open Race Check-in Noon-3:30, Race Time 4:00

Awards to follow

Sponsorship Opportunities

- Event Sponsor \$1,000 Grand Marshal, Large Logo on Banner, Program & Social Media plus 1 Pinewood Derby Car Kit
- Official Pace Car \$500 Small Logo on Banner, Program & Social Media plus 1 Pinewood Derby Car Kit
- Trophy Sponsor \$350 Logo on Program & Social Media plus 1 Pinewood Derby Car Kit.
- Track Sponsor \$200 Logo on Program plus 1 Pinewood Derby Car Kit.
- Car Sponsor \$100 Name on Program plus 1 Pinewood Derby Car Kit.

Company Name:	Contact:	
Phone:	Email:	
Sponsorship Level:		

Make Checks Payable to: Muskingum Valley Council, BSA

Mail or Email this Reservation to: Anne Herriage

Muskingum Valley Council, BSA

734 Moorehead Avenue, Zanesville, Ohio 43701 Anne.Herriage@Scouting.org 740.453.0571

Forms due to office by Monday, March 20 to be included on program





Chamber Neek 2023



SAVE THE DATE • MARCH 13TH-17TH

The Z-M Chamber invites you to participate in Chamber Week 2023! During this week of events, we will inform, recognize, and celebrate with our members and the business community. Your support of our organization means a lot, and we hope you can join us during this series of events. Visit zmchamber.com for more details.



Round Robin Breakfast | Monday, March 13

An interactive round table event at the Welcome Center from 7:30 a.m. - 9:00 a.m. Enjoy a hot breakfast and hear from Chamber partners, affiliates and team-members who will provide members with updates about Chamber programs, the benefits of membership, and involvement opportunities. An RSVP is required for this event.



Coffee on Us | Tuesday, March 14

Stop by **The Coffee Cup** anytime from 8:00 a.m. - 9:30 a.m. and enjoy coffee and pastries with the chamber team and fellow members.



Chamber Luncheon | Wednesday, March 15

SOLD OUT. Contact Itom@zmchamber.com to join the waitlist. Enjoy a plated lunch at the **ZCC** and hear remarks from Chamber President, Dana Matz and Zanesville native, Brady Young. Brady was named as the captive insurance industry's most influential professional in the 2021Captive Review Power 50 rankings



Social Hour | Thursday, March 16

Swing by **630 Main** in downtown Zanesville for a Chamber member social hour. Enjoy good company, hors d'oeuvre and live music anytime between 4:00 p.m. - 7:00 p.m.



Celebration | Friday, March 17

End the week with us at **Kick-N-Ax** for a final Chamber Week hoorah at 4:00 p.m. A cash bar will be available. (Axe throwing not included.)





