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Workplace safety is very important for each and every employee and employer. All workers desire to work in a safe and protected atmosphere. Health and safety is a key factor to all industries in order to promote the health and wellness of both employers and their employees. It is part of a company's duties and moral responsibilities to look after their employees' protection.

Workplace safety is very crucial, regardless of a business, its size, or its industry. Without the proper workplace safety measures set into place, a company puts its employees, customers, brand reputation, and revenues at risk. Additionally, failure to teach employees how to maintain a safe work environment may lead to on-the-job accidents, injuries, and worst of all, fatalities. In today's world, workplace health and safety procedures are very important for the well-being of both employers and their employees because the losses of lives are immeasurably intolerable. Such losses or injuries can cause major grievance to families and friends.

Each and every person who leaves for work in the morning or evening should be able to come back home safely and in good health. It is always a fear amongst every person that a loved one will never return home, or they will get a phone call that a loved one is in the hospital due to an incident that occurred at work or elsewhere. All of these considerations are why it is important to create a safe working environment to ensure the protection of everyone's lives. With the right approach to workplace safety, companies can develop initiatives to engage and inform its workforce about the short-term and long-term ramifications of on-the-job dangers.

It is important that supervisors are kept up to date about the hazards or risks that can occur at their workplace. They should be legally obligated to ensure that their employees are working in a safe environment. It is very important for both them and their employees to stay alert. There are many employees who tend to ignore the alerts of advanced warnings and due to this, many workplace injuries and fatalities occur.

All industries do have safety risks, but management should devote their time to think and strategize what safety precautions are required in their company. This helps them in improving their productivity and many more aspects. There are many employees who do not bother to check their surrounding hazards. It is very important for them to observe their working environment. Once they become aware of particular hazards that can occur in the workplace, then it will help them in reducing harmful situations and allow them to take the best precautionary steps. If an employee is injured and out of work, not only is it hard on the employee and their loved ones, but it also puts a lot of strain on the employer. The employer has to continue to pay them during their absence as well as for their medical care, which can end up being very costly and put stress on the industry's budget. In most cases, their worker's compensation premiums will increase as well.

It is essential that the right protection equipment tools are worn at the workplace. This can include earplugs, earmuffs, hard hats, gloves, full-face masks, safety glasses, and any other equipment which is required to wear while working. These tools are to prevent employees from any incident that can occur. It is also important that appropriate precautions are taken while using machinery or any other tools, instead of taking any shortcuts. Taking shortcuts is one of the biggest reasons behind workplace injuries. It is a big safety risk to use one tool instead of another for a particular job. It is always recommended to use the correct tools and safety gear in order to reduce the chances of workplace injuries. Also, in case there is an emergency, there should always be quick access to emergency exits.

On a different note, some employees may not live a healthy lifestyle because of their busy schedule and personal lives, which could include long working hours, work-pressure, and conflicts between co-workers or with their bosses. All of these factors can lead to illness or

depression to the employees. Not only does this affect their personal lives, but it can cause stress in their professional lives as well. So, instead of continuing to live an unhealthy lifestyle, it is better to suggest that employees start to take care of themselves and their health by taking regular breaks, keeping a healthy posture, and maintaining an appropriate diet. It is better to schedule work accordingly and manage the things that can reduce workplace stress. Stress to any employee can lead to severe depression and problems concentrating. As mentioned above, some main causes of this kind of depression include extended working hours, excess of work, insecurity of their job, and issues that occur at work. It can even include lack of sleep or the usage of drugs. Rather than employees putting all of this stress on their shoulders, they should seek help and discuss it with their supervisor. They would be more than willing to help and to look after the problems in which they are facing.

There should always be appropriate discussions made about the workplace and the culture of the office on a regular basis so that the management remains aware of how they simplify these issues for their employees' comfort. Also, to motivate their workers, management should provide rewards as an appreciation towards their work. Many of the steps stated above should be taken. If they are, they will surely make the workplace a very secure and safe environment for employees to work.